Occupational Therapists Useful Guides

City Hospice
Caring for Cardiff

Scooter Guides

Advise when considering the purchase or rental of a mobility scooter.

Mobility scooters can be privately purchased or rented to support accessing outdoor activities.

When considering a mobility scooter the following points should be considered to assist in making the correct choice:

- What do you want a mobility scooter for?

This may include short distances on flat terrain or longer distances negotiating kerbs, slopes and uneven surfaces. The distance required will govern the required battery life of your scooter.

- Where do you want to travel? - do you wish to travel on public transport?

Transport for Wales Mobility Scooter Guildine

- Do you want to be able to transport the scooter in a car?

Consider the overall weight of the scooter and its ability to be folded or dismantled to fit in a car.

- Do you have a good sitting balance? Consider the level of support provided by the seat (back, arm and footrest)

- Do you experience any pain that could be exacerbated by a bumpy terrain?

- Are you on any medication that would impede your ability to control a mobility scooter?

Driving a scooter requires alertness and an awareness of your surrounding environment to respond appropriately to any hazards. If you have any concerns about how your medication may impede your ability, please discuss them with your GP.

Useful Guides: Mobility Scooters

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Where will the scooter be stored? Fire safety considerations to be made:

- Escape routes should be kept clear to enable all relevant persons to evacuate quickly and safely.
- Manufacturer's guidelines should be followed.
- Ensure that any storage area within a building is at least 30 minutes of fire-resisting construction.
- Removing the battery from the mobility scooter will remove the source of ignition.
- Avoid charging at night (i.e. between 8pm and 8am) – this will reduce the risk to those who are asleep.
- Any charging in designated storage areas should be subject to portable appliance testing and subject to a risk assessment.
- Ensure consent/permission is gained from landlords to store mobility scooters.
- Ensure that insurance coverage is in place and the equipment is maintained in line with the manufacturer's recommendations.
- Ensure any designated areas are maintained and are fit for purpose for storage and charging.
- Can the scooter be independently driven from the place of storage?
- Consider steps and UPVC thresholds into the property if storing the scooter indoors
- Social Services will not provide ramped access to a property for the use of a scooter. They may consider the provision of outdoor storage if you are eligible under the criteria. This can be obtained by contacting Community Occupational Therapy-Cardiff Council Tel 02920 234222

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Types of Scooters

Mini Mobility Scooters

- 4mph
- Can be used for short distance
- Better on paths and even ground
- Can be broken down and transported easily
- Has convenient onboard charging, but also a removable battery pack
- Basic seating and comfort
- Most models have no suspension

Midi Mobility Scooters

- 4-6mph
- Can be used for short to medium distance
- Can be used on paths, some roads, and slightly uneven ground
- Some models can be broken down but not easily transported
- Has convenient onboard charging
- Reasonably comfortable seating
- Some suspension
- More leg room

Maxi Mobility Scooters

- 6-8mph
- Can be used for short to long distances
- Can be used on roads and uneven ground
- Can't be broken down and isn't easily transported
- Has convenient onboard charging
- High levels of comfort seating
- Full all-round suspension
- Even more leg room

Purchasing a mobility scooter:

It is recommended that you try using a mobility scooter before you purchase to ensure you are safe getting on and off, feel confident with the controls and purchase a product that meets your needs.

If you are unable to get to a retailer, some retailers offer a home service that allows for an assessment in your local area.

Rental of a mobility scooter

Short and long-term rental of mobility scooters is offered by multiple suppliers that be accessed online.

St Davids shopping centre offers a free Mobility Service that offers the rental of a scooter for use within the shopping centre. This service must be pre-booked

Register for St David's Mobility Service here

Useful Guides:
Profiling Bed Guidance

City Hospice
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Dimensions of the standard profiling bed:
220cmx 100cm
Working area required for care on the bed:
Additional 50cm clearance around the bed



Dimensions of the bariatric profiling bed:
220cm x 130cm
Working area required for care on the bed:
Additional 50cm clearance around the bed

220cm

100cm

220cm

130cm

NB- the profiling beds are on castors and can be moved away from a wall to provide care and then replaced. However, access must be achievable from both sides of the bed for the safe provision of care on the bed

Considerations:
If delivery upstairs is required, are there any obstacles that can be moved?
Plug socket access- maximum of 2 required if using an airflow mattress
If assistance is required to move furniture help may be available from Care & Repair
Telephone 02920 473337
Email careandrepair@crcv.org.uk
NB- the staff delivering the bed will NOT be able to move furniture
Consider the location of fires/radiators when positioning a bed.
On delivery, please secure any pets to allow the drivers to assemble the bed safely.

Bedding
Standard single bedding can be used on the hospital bed
It may be provided with special satin sheets that are designed to assist with any manual handling needs while on the bed.

Useful Guides: Stairlift Information

City Hospice
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Stairlift Providers

Private purchase or hire of a stairlift can be arranged independently by making direct contact with stair lift companies. The cost of the stair lift is dependent upon the shape and length of your stairs (curved or straight stairs). Some companies offer re-conditioned stair lifts at a reduced cost (which have been fully serviced) or rental provision. The companies will be able to provide further information on request.

The following are examples of stairlift companies that service the local area. Additional services can be accessed online.

South Wales Stairlifts
www.southwalesstairlifts.com
Tel 029 20592763 / 01633 560056
Offer new and rental
Rental example- £450 including first 2 months rental followed by £40/ month

Access Stairlifts and Mobility
www.stairliftsandmobility.co.uk
Tel 029 20614858

Ableworld Stairlifts
www.ableworld.co.uk
Tel 0800 01493421 / 029 21321072
Offer new, reconditioned, bespoke and rental.
Rental example- from £395 for installation followed by £15/week

Dolphin Stairlifts
www.dolphin-stairlifts.co.uk
Tel 01633223121
Offer new and reconditioned stairlifts

South Wales Mobility
www.southwalesmobility.com
Tel 029 20868096
Offers new and rental

Adapt my Home
www.adaptmyhome.co.uk
Tel 029 20611277
Offer new (straight, curved and outdoors)

The above list provides a sample of stairlift companies for private purchase/rental. City Hospice do not endorse any individual company.